

Forest Five 2016 Results
Wednesday 20 July 2016

Position	Number	Name	Club	Time	M	MV40	MV50	MV60	MV70	F	FV40	FV50	FV60	FV70
1	79	Damian Nicholls	Wilmslow RC	34.03	M									
2	124	Barry Archbold	Wilmslow RC	35.44		MV40								
3	109	Alistair Thornton	MDOC	36.06	M									
4	20	Gareth Briggs	Dark Peak	36.09		MV40								
5	51	James Wood	Staffs Moorlands	37.14	M									
6	95	Tom Bush	Pennine	37.24	M									
7	67	Allen Bunyan	Macclesfield Harriers	37.28	M									
8	80	Andrew Whittingham	Wilmslow RC	37.29		MV40								
9	108	Jacob Roberts	Macclesfield Harriers	37.52	M									
10	50	Pete Nield	Macclesfield Harriers	38.03		MV40								
11	96	Olivia Walwyn	Macclesfield Harriers	38.14						F				
12	42	David Hughes	Macclesfield Harriers	38.34	M									
13	78	Tom McGaff	Wilmslow RC	38.49				MV60						
14	47	Mike Hill	Wilmslow RC	38.58			MV50							
15	8	Mikko Kuronen	Congleton Harriers	39.02			MV50							
16	125	Chris Bentley	Macclesfield Harriers	39.14	M									
17	19	Roger Grand	Trentham RC	39.19		MV40								
18	73	Brian McCoubrey	Wilmslow RC	39.23	M									
19	9	Vincent Booth	Wilmslow RC	39.30			MV50							
20	66	Nick Markley	Unattached	39.31	M									
21	110	Jeremy Bygrave	Wilmslow RC	40.02		MV40								
22	90	Ewan Edmondson	Macclesfield Harriers	40.40	M									
23	29	Lee Barratt	Stockport Harriers	41.00		MV40								
24	16	Shaun Wilde	Macclesfield Harriers	41.13			MV50							
25	105	Mark Bale	Wilmslow RC	41.24		MV40								
26	193	Jarrold Homer	Wilmslow RC	41.36		MV40								
27	123	Adam Neale	Wilmslow RC	41.51		MV40								
28	120	Dominic Sloane	Unattached	41.56	M									
29	39	Simon Ward	Unattached	42.08	M									
30	69	John Mooney	Macclesfield Harriers	42.35			MV50							
31	37	Neil Hey	Macclesfield Harriers	42.40			MV50							
32	83	David Whitfield	Unattached	42.42		MV40								
33	40	Kristy Gill	Macclesfield Harriers	42.44							FV40			
34	92	David Lawrance	Macclesfield Harriers	42.57		MV40								
35	86	Stephen Picken	Unattached	43.07		MV40								
36	101	Matthew Taylor	Wilmslow RC	43.10		MV40								
37	117	Richard Applewhite	Macclesfield Harriers	44.13		MV40								
38	48	Pete Stock	Wilmslow RC	44.15				MV60						
39	112	Mark Pincho	Unattached	44.29		MV40								
40	111	Diane Bygrave	Wilmslow RC	44.30							FV40			
41	56	Angela Markley	Macclesfield Harriers	44.37						F				
42	38	John Mackintosh	Unattached	44.44		MV40								
43	68	Paul Norris	Wilmslow RC	45.13			MV50							
44	118	Jonathan Wright	Unattached	45.27		MV40								
45	52	Jo Moss	Congleton Harriers	45.32							FV40			
46	12	Bernard McCarron	Wilmslow RC	45.33			MV50							
47	13	Tony Hulme	Wilmslow RC	45.39				MV60						
48	119	Chris Floyd	Chorlton Runners	45.43	M									
49	91	Rachael Lawrance	Macclesfield Harriers	45.49						F				
50	36	Barry Blyth	Macclesfield Harriers	45.52				MV60						
51	121	Jennifer Sloane	Unattached	46.02						F				
52	28	Anthony Whitham	Unattached	46.18		MV40								
53	64	Gareth Trimble	Wilmslow RC	46.23		MV40								
54	113	Richard Brown	Macclesfield Harriers	46.25		MV40								
55	88	Ray O'Keefe	Macclesfield Harriers	46.36			MV50							
56	62	Kathleen O'Donnell	Macclesfield Harriers	46.51						F				
57	75	Lisa Hynes	Unattached	46.53						F				
58	58	Fred Wardle	Macclesfield Harriers	46.56				MV60						
59	21	Michela Stepto	Stockport Harriers	46.57							FV40			
60	15	Janine Ellis	Wilmslow RC	47.00							FV40			
61	98	Julian Cox	Unattached	47.13		MV40								
62	3	John Archer	Winston Runners	47.19				MV60						
63	97	Lisa Cox	Unattached	47.23							FV40			
64	77	Duncan Dickie	Unattached	47.25			MV50							
65	100	Amy Longmore	Wilmslow RC	47.29						F				
66	11	Christian Hook	Wilmslow RC	47.46		MV40								
67	126	Andrew Medley	Unattached	48.10		MV40								
68	53	Melanie Worthington	Congleton Harriers	48.11							FV40			
69	23	Catherine Joyce	Macclesfield Harriers	48.17							FV40			
70	45	Andy Watts	Wilmslow RC	48.26				MV60						
71	191	Ginny Coates	Wilmslow RC	48.37						F				
72	94	Steph Wood	Macclesfield Harriers	48.42							FV40			
73	46	Ian Prime	Congleton Harriers	48.48			MV50							
74	106	Craig Hunt	Wilmslow RC	48.56		MV40								
75	115	Frank Montgomery	Unattached	49.05		MV40								
76	49	Chris Cannon	Wilmslow RC	49.33				MV60						
77	107	Steve Russell	Wilmslow RC	49.49			MV50							

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78	71	Sally Price	Wilmslow RC	49.55							FV40			
79	41	Emma Mason	Macclesfield Harriers	49.56						F				
80	22	Joanne Hackett	Staffs Moorlands	50.00							FV40			
81	93	John Porteous	Wilmslow RC	50.09				MV60						
82	192	Nick Budd	Congleton Harriers	50.16			MV50							
83	102	Paul Sheldon	Unattached	50.24	M									
84	26	Steve Lomas	Macclesfield Harriers	50.34		MV40								
85	103	Paul Clowes	Unattached	50.55	M									
86	55	Michael Stanley	Congleton Harriers	51.12		MV40								
87	17	Geoff Gilbert	Wilmslow RC	51.20				MV60						
88	57	David Larkin	Macclesfield Harriers	51.30		MV40								
89	1	Catriona Marshall	Wilmslow RC	51.31							FV40			
90	24	Gail Hill	Wilmslow RC	51.32							FV40			
91	127	Nicole Richards	Congleton Harriers	51.39						F				
92	122	Nina Moss	Macclesfield Harriers	52.17						F				
93	33	Steve Glossop	Unattached	52.26		MV40								
94	81	Mark Godden	Macclesfield Harriers	52.53			MV50							
95	35	Robert Mills	Macclesfield Harriers	53.09	M									
96	76	Lynda Cook	Macclesfield Harriers	53.31							FV40			
97	99	Nic Lewis	Macclesfield Harriers	53.36		MV40								
98	59	Robert Soames	Congleton Harriers	53.44		MV40								
99	89	Tessa Waiskard	Unattached	53.48							FV40			
100	61	Maria Jensen	Congleton Harriers	53.53						F				
101	30	Darren Burns	Fell Ponies	54.02			MV50							
102	27	Patrick Grannan	Wilmslow RC	54.11				MV60						
103	114	Iona Harle	Macclesfield Harriers	54.32						F				
104	4	Kelly Buckley	Macclesfield Harriers	54.57						F				
105	5	Claire Cheetham	Congleton Harriers	54.59						F				
106	54	David Taylor	Congleton Harriers	55.09				MV60						
107	104	Leanne Rutter	Wilmslow RC	55.29						F				
108	34	Catharine Crossley	Macclesfield Harriers	56.08						F				
109	82	Louise Poole	Congleton Harriers	56.21						F				
110	84	Nicola Cantrell	Macclesfield Harriers	56.24						F				
111	74	Julia Dickie	Macclesfield Harriers	57.29								FV50		
112	32	Ian Ashcroft	Wilmslow RC	58.03					MV70					
113	70	Melanie Power	Macclesfield Harriers	58.08							FV40			
114	72	Kim Eastham	Macclesfield Harriers	58.13								FV50		
115	60	Nina Birch	Wilmslow RC	58.33						F				
116	18	Don Bullough	Wilmslow RC	58.56			MV50							
117	43	Christine Ritchie	Macclesfield Harriers	59.07									FV60	
118	6	Roy Pownall	Wilmslow RC	60.04				MV60						
119	63	Elspeth Gibson	Wilmslow RC	60.08							FV40			
120	14	Simon Fenton	Wilmslow RC	60.23					MV70					
121	25	Stephen Feber	Wilmslow RC	60.34				MV60						
122	85	Lynne Jones	Unattached	61.31							FV40			
123	87	Christine Haigh	Goyt Valley Striders	62.04							FV40			
124	7	Trevor Falkner	Wilmslow RC	62.24					MV70					
125	44	Dawn Devine	Macclesfield Harriers	63.04								FV50		
126	190	Mike Watson	Unattached	65.03		MV40								
127	65	Jemma Taylor	Unattached	65.04						F				
128	10	Spence Sivewright	Macclesfield Harriers	65.05			MV50							
129	31	Harry Newton	Macclesfield Harriers	65.08					MV70					
130	2	Pauline Lynch	Macclesfield Harriers	65.14										FV70
Total					17	33	17	14	4	21	19	3	1	1