

**Results for : The Roaches**  
**Distance : 15 Miles**  
**Date : Sunday, 13. November 2011**



**Mow Cop Runners**

| Position | Name            | Bib No | Time     | Vet Class | Club                       |
|----------|-----------------|--------|----------|-----------|----------------------------|
| 1        | Kim Collison    | 847    | 02:08:21 | M         | Eden Runners               |
| 2        | Simon Harding   | 796    | 02:10:22 | M         | Macclesfield Harriers      |
| 3        | Tim Werrett     | 892    | 02:14:56 | M         | Mercia FR                  |
| 4        | Tom Bush        | 886    | 02:16:12 | M         | Altrincham AC              |
| 5        | Rob Grantham    | 908    | 02:16:35 | M         | Ellesmere Port             |
| 6        | Aidan Linskill  | 901    | 02:17:53 | M         | Totley AC                  |
| 7        | Adam Stirk      | 887    | 02:18:11 | M         | Guildford and Godalming AC |
| 8        | Jon Newey       | 806    | 02:18:23 | M40       | Mercia FR                  |
| 9        | Ian Symington   | 751    | 02:18:36 | M         | Macclesfield Harriers      |
| 10       | Matthew Hulley  | 854    | 02:19:53 | M         | Dark Peak FR               |
| 11       | Stuart Walker   | 846    | 02:19:54 | M         | Dark Peak FR               |
| 12       | Julien Minshall | 914    | 02:21:40 | M50       | Glossopdale Harriers       |
| 13       | Anthony Bethell | 856    | 02:22:39 | M40       | Eryri Harriers             |
| 14       | David Miller    | 911    | 02:23:35 | M         | Unattached                 |
| 15       | Tim Oakes       | 858    | 02:24:15 | M40       | Dark Peak FR               |
| 16       | Shaun Cooper    | 752    | 02:24:20 | M         | Shelton Striders           |
| 17       | Lewis Banton    | 768    | 02:24:26 | M         | Clowne RR                  |
| 18       | Sean Willis     | 889    | 02:25:39 | M40       | Saddleworth Runners        |
| 19       | Darren Hawkins  | 879    | 02:26:05 | M45       | Buxton AC                  |
| 20       | Matty Brennan   | 839    | 02:26:33 | M         | Erewash Valley RC          |
| 21       | Neal Crampton   | 795    | 02:26:36 | M         | Pudsey and Bramley AC      |
| 22       | Gavin Williams  | 849    | 02:26:55 | M50       | Dark Peak FR               |
| 23       | Richard Hunt    | 845    | 02:27:02 | M         | Dark Peak FR               |
| 24       | Peter Taylor    | 825    | 02:27:18 | M         | Unattached                 |
| 25       | Peter Pollitt   | 760    | 02:28:28 | M45       | Unattached                 |
| 26       | Digby Harris    | 749    | 02:28:44 | M40       | Macclesfield Harriers      |
| 27       | Paul Woolhouse  | 792    | 02:29:38 | M         | Southwell RC               |
| 28       | Mike Nelson     | 799    | 02:31:20 | M40       | Macclesfield Harriers      |
| 29       | Ross Litherland | 784    | 02:31:21 | M         | Macclesfield Harriers      |
| 30       | Stephen Hawkins | 756    | 02:31:32 | M40       | Shelton Striders           |
| 31       | Andy Dickenson  | 857    | 02:31:36 | M45       | Dark Peak FR               |
| 32       | Chris Jackson   | 762    | 02:31:52 | M         | Glossopdale Harriers       |
| 33       | David Phillips  | 876    | 02:32:10 | M         | Unattached                 |
| 34       | Mark Messenger  | 798    | 02:32:48 | M45       | Macclesfield Harriers      |
| 35       | Mark Traynor    | 813    | 02:32:52 | M40       | Unattached                 |
| 36       | Jamie Rennie    | 880    | 02:33:46 | M40       | West End                   |
| 37       | Jason Phillips  | 872    | 02:34:30 | M         | Unattached                 |
| 38       | Andrew Anastasi | 919    | 02:34:46 | M45       | Glossopdale Harriers       |
| 39       | Paul Jeggo      | 820    | 02:35:02 | M50       | Springfield Striders RC    |
| 40       | Marcel Darling  | 753    | 02:35:14 | M40       | Unattached                 |
| 41       | Andrew Moore    | 850    | 02:36:11 | M50       | Dark Peak FR               |
| 42       | Simon Daws      | 781    | 02:36:29 | M55       | Telford AC                 |
| 43       | Ian Hughes      | 786    | 02:37:09 | M45       | Macclesfield Harriers      |
| 44       | Martin Terry    | 831    | 02:37:44 | M50       | Clayton                    |
| 45       | Barry Blyth     | 740    | 02:38:21 | M60       | Macclesfield Harriers      |
| 46       | Martin Stocks   | 896    | 02:39:50 | M50       | Dark Peak FR               |
| 47       | Ian Beckingham  | 909    | 02:40:05 | M45       | Redhill RR                 |
| 48       | Wayne Collins   | 906    | 02:40:17 | M         | Unattached                 |
| 49       | David Rennie    | 884    | 02:40:41 | M         | West End                   |
| 50       | Greg Rimmer     | 897    | 02:40:59 | M45       | Dark Peak FR               |
| 51       | Darren Fishwick | 800    | 02:41:07 | M40       | Chorley Harriers           |
| 52       | Martin Frey     | 837    | 02:41:36 | M50       | Compton Harriers           |
| 53       | Keith Holmes    | 819    | 02:41:51 | M55       | Dark Peak FR               |
| 54       | Andy Kenyon     | 841    | 02:42:05 | M40       | Erewash Valley RC          |
| 55       | Julian Bradbury | 828    | 02:42:14 | M45       | Mercia FR                  |

| Position | Name              | Bib No | Time     | Vet Class | Club                    |
|----------|-------------------|--------|----------|-----------|-------------------------|
| 56       | Julian Brown      | 717    | 02:43:31 | M45       | Macclesfield Harriers   |
| 57       | Ned Lammas        | 802    | 02:43:56 | M45       | Mercia FR               |
| 58       | John Bristow      | 809    | 02:44:20 | M         | Malvern Joggers         |
| 59       | Ian Shaw          | 903    | 02:44:21 | M45       | Southwell RC            |
| 60       | Ian Haigh         | 791    | 02:44:24 | M40       | Southwell RC            |
| 61       | Dirk Mikolajewski | 877    | 02:44:33 | M         | Unattached              |
| 62       | John Raho         | 723    | 02:44:34 | M         | Holcombe Harriers       |
| 63       | Noel Hogan        | 732    | 02:45:16 | M45       | Newport and District RC |
| 64       | Nigel Aston       | 733    | 02:45:44 | M50       | Unattached              |
| 65       | Bruce Owen        | 727    | 02:45:47 | M45       | Altrincham and District |
| 66       | Garry McMahon     | 852    | 02:45:53 | M55       | Redhill RR              |
| 67       | Tim Reynolds      | 900    | 02:46:24 | M         | Unattached              |
| 68       | Peter Carvell     | 823    | 02:47:35 | M         | Congleton Harriers      |
| 69       | Nicholas Holmes   | 881    | 02:48:15 | M50       | Tattenhall Runners      |
| 70       | Maurice Reid      | 734    | 02:48:27 | M45       | Newport and District RC |
| 71       | James Walker      | 755    | 02:48:33 | M         | Shelton Striders        |
| 72       | Peter Clayton     | 737    | 02:49:04 | M45       | Vale Royal AC           |
| 73       | John Robinson     | 793    | 02:49:47 | M         | Holmfirth Harriers      |
| 74       | Tom Skelton       | 761    | 02:49:48 | M         | Glossopdale Harriers    |
| 75       | Simon Webb        | 843    | 02:50:43 | M         | Unattached              |
| 76       | David Beerling    | 851    | 02:51:05 | M45       | Dark Peak FR            |
| 77       | John Taylor       | 748    | 02:51:35 | M40       | Newport and District RC |
| 78       | Martyn Pollitt    | 759    | 02:51:51 | M50       | Burnden RR              |
| 79       | Peter Davis       | 780    | 02:52:00 | M45       | Goyt Valley Striders    |
| 80       | Paul Pycroft      | 835    | 02:52:04 | M         | Dark Peak FR            |
| 81       | Steve Woodward    | 807    | 02:52:06 | M40       | Retford AC              |
| 82       | Phil Abbott       | 721    | 02:52:07 | M         | Long Eaton RC           |
| 83       | David Malia       | 822    | 02:52:19 | M45       | Mercia FR               |
| 84       | Alex McCormick    | 824    | 02:52:44 | M45       | Congleton Harriers      |
| 85       | Tony Ryan         | 878    | 02:53:41 | M45       | Unattached              |
| 86       | Richard Andrews   | 848    | 02:53:51 | M40       | Unattached              |
| 87       | Gary Platt        | 801    | 02:54:38 | M50       | Chorley Harriers        |
| 88       | Brian Macfadyen   | 767    | 02:56:11 | M55       | Macclesfield Harriers   |
| 89       | Chris Cripps      | 869    | 02:56:54 | M         | Macclesfield Harriers   |
| 90       | Adrian Donnelly   | 779    | 02:57:02 | M50       | Mercia FR               |
| 91       | Martin Yeomans    | 883    | 02:57:08 | M45       | Ivanhoe Runners         |
| 92       | David Pickering   | 805    | 02:57:14 | M45       | Retford AC              |
| 93       | Jon Legge         | 816    | 02:57:20 | M45       | Springfield Striders RC |
| 94       | David Whitfield   | 810    | 02:57:41 | M40       | Unattached              |
| 95       | Sandy Mackenzie   | 746    | 02:58:50 | M40       | Newport and District RC |
| 96       | Max Howard        | 763    | 02:58:55 | M50       | Retford AC              |
| 97       | Richard Love      | 808    | 02:58:59 | M45       | Malvern Joggers         |
| 98       | Ken Burgess       | 728    | 02:59:04 | M60       | Altrincham and District |
| 99       | Martin Rands      | 731    | 02:59:27 | M45       | Macclesfield Harriers   |
| 100      | Nick Kelly        | 788    | 02:59:49 | M40       | Unattached              |
| 101      | Robin Jeffries    | 894    | 02:59:59 | M45       | Unattached              |
| 102      | Richard Hopkinson | 750    | 03:00:27 | M60       | Dark Peak FR            |
| 103      | Matt Pritchard    | 840    | 03:00:58 | M         | Mow Cop Runners         |
| 104      | Stephen Hammond   | 770    | 03:01:14 | M50       | Tattenhall Runners      |
| 105      | Mark McDermott    | 778    | 03:02:40 | M50       | Macclesfield Harriers   |
| 106      | Toby Miller       | 818    | 03:02:41 | M         | Boalloy RC              |
| 107      | Pete Robinson     | 925    | 03:02:59 | M45       | Pennine                 |
| 108      | Martin Sleath     | 910    | 03:03:10 | M60       | White Peak FR           |
| 109      | John Currie       | 873    | 03:03:11 | M55       | Mercia FR               |
| 110      | Paul Sellers      | 913    | 03:03:26 | M50       | Congleton Harriers      |
| 111      | Bart Reid         | 875    | 03:04:30 | M40       | Ivanhoe Runners         |
| 112      | David Broadbent   | 926    | 03:04:36 | M         | Sinfin RC               |
| 113      | Steve Wathall     | 743    | 03:05:28 | M50       | Retford AC              |
| 114      | Anthony Horsfall  | 912    | 03:06:41 | M45       | Handsworth Roadhogs     |
| 115      | Wain Marsh        | 754    | 03:07:17 | M         | Mow Cop Runners         |
| 116      | John Walker       | 907    | 03:07:43 | M50       | SMAC                    |
| 117      | Alex Buckley      | 757    | 03:08:41 | M         | Shelton Striders        |

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|----------|-------------------|--------|----------|-----------|-------------------------|
| 118      | Rob Cole          | 923    | 03:09:03 | M         | Dark Peak FR            |
| 119      | Robert Buckley    | 729    | 03:10:07 | M55       | Altrincham and District |
| 120      | Paul Kent         | 797    | 03:10:12 | M50       | Cambridge Harriers      |
| 121      | Chris Linney      | 895    | 03:10:19 | M40       | Bedford Harriers        |
| 122      | Lyndon Williams   | 871    | 03:10:23 | M40       | Unattached              |
| 123      | Dave Clough       | 861    | 03:10:43 | M55       | Long Eaton RC           |
| 124      | Steven Millar     | 918    | 03:10:45 | M         | Unattached              |
| 125      | Stephen Picken    | 811    | 03:10:58 | M40       | Unattached              |
| 126      | Chris Horsfall    | 915    | 03:11:29 | M55       | Handsworth Roadhogs     |
| 127      | Bradley Crouch    | 815    | 03:11:38 | M         | Tewkesbury AC           |
| 128      | Andrew Hubert     | 921    | 03:12:05 | M40       | Unattached              |
| 129      | Kevin Allerton    | 898    | 03:12:06 | M40       | Stone Wheelers          |
| 130      | Kevin Mcque       | 742    | 03:12:12 | M45       | Macclesfield Harriers   |
| 131      | Andrew Watson     | 838    | 03:12:29 | M40       | Erewash Valley RC       |
| 132      | Mark Cliff        | 916    | 03:12:30 | M40       | Pennine                 |
| 133      | Steve Macha       | 817    | 03:13:14 | M45       | Boalloy RC              |
| 134      | David Egan        | 866    | 03:13:24 | M55       | Totley AC               |
| 135      | Tim Ruck          | 829    | 03:13:29 | M         | Pennine                 |
| 136      | Darren Greene     | 787    | 03:14:18 | M40       | Team Trisports          |
| 137      | Andrew Coles      | 736    | 03:14:20 | M45       | Newport and District RC |
| 138      | Geoff Gilbert     | 893    | 03:15:16 | M60       | Wilmslow RC             |
| 139      | Neil Taylor       | 904    | 03:15:33 | M40       | Skelmesdale Harriers    |
| 140      | Richard Howard    | 775    | 03:15:49 | M45       | Denby Dale Travellers   |
| 141      | Tim Charmley      | 738    | 03:16:10 | M45       | Tattenhall Runners      |
| 142      | Mark Checkley     | 766    | 03:16:46 | M45       | Lostock AC              |
| 143      | Philip Barnes     | 730    | 03:18:04 | M50       | Macclesfield Harriers   |
| 144      | Rick Robson       | 783    | 03:18:33 | M55       | Mercia FR               |
| 145      | Nick Ham          | 720    | 03:18:50 | M45       | Stockport Harriers      |
| 146      | Phil Blatch       | 874    | 03:19:42 | M60       | Mercia FR               |
| 147      | John Williams     | 814    | 03:20:19 | M55       | Springfield Striders RC |
| 148      | Mark Rawlinson    | 885    | 03:20:46 | M45       | West End                |
| 149      | Peter Nobel       | 902    | 03:21:14 | M55       | Lostock AC              |
| 150      | Richard Bickerton | 774    | 03:21:26 | M         | Compton Harriers        |
| 151      | Ian Marshall      | 782    | 03:22:14 | M60       | Cambridge Harriers      |
| 152      | Dave Walker       | 899    | 03:23:46 | M55       | Macclesfield Harriers   |
| 153      | Andrew Bedwell    | 812    | 03:24:16 | M40       | Tritalk.co.uk           |
| 154      | Neville Palmer    | 920    | 03:24:45 | M         | Unattached              |
| 155      | Phil Cheek        | 719    | 03:24:49 | M60       | Macclesfield Harriers   |
| 156      | John Moorehouse   | 827    | 03:25:07 | M50       | Cheshire Hash House     |
| 157      | E Connaughton     | 924    | 03:27:01 | M50       | Dark Peak FR            |
| 158      | Jeremy Hope       | 725    | 03:27:03 | M45       | Derwent Runners         |
| 159      | Jason Coyne       | 922    | 03:28:09 | M         | Unattached              |
| 160      | Dave Nichols      | 794    | 03:28:42 | M60       | Mercia FR               |
| 161      | Chris Peach       | 891    | 03:29:43 | M45       | Unattached              |
| 162      | Ronald Mackay     | 790    | 03:30:08 | M40       | Spectrum Striders       |
| 163      | Mark Harrison     | 859    | 03:31:16 | M40       | Long Eaton RC           |
| 164      | Charlie Eldred    | 747    | 03:31:22 | M45       | Tattenhall Runners      |
| 165      | Martin Dietrich   | 776    | 03:41:52 | M50       | North York Moors AC     |
| 166      | Raymond Migocz    | 789    | 03:43:03 | M60       | Unattached              |
| 167      | Andrew Mcrae      | 888    | 03:43:21 | M55       | Lincoln Lakeside        |
| 168      | Wayne Stevenson   | 722    | 03:43:35 | M45       | Shelton Striders        |
| 169      | Chris Johnson     | 718    | 03:45:24 | M60       | East Cheshire Harriers  |
| 170      | Timothy Sturla    | 870    | 03:45:31 | M40       | Ivanhoe Runners         |
| 171      | Peter Hill        | 853    | 03:45:46 | M50       | Goyt Valley Striders    |
| 172      | Bill Sheppard     | 862    | 03:46:46 | M55       | Long Eaton RC           |
| 173      | Richard Scroop    | 785    | 03:49:16 | M60       | Mercia FR               |
| 174      | Anderw Addlesee   | 804    | 03:50:00 | M40       | Dark Peak FR            |