

Covid zoom meeting Wednesday 10th June 7.30pm

Attended by Emma Beveridge, Bob Lynch, Ray O'Keefe, Mark Godden, Barbara Murray, Anne Farmer, Emma Mason, Dave Larkin, Kim Eastham, Wendy Boardman, Neil Gunn, Rob Hasler, Tom Whittingham, Lynne Graves

Agenda

1 group running plans following current government/England athletics guidelines

2 subscriptions

BM – T & F

Planning a phased return.

Phase 1 Track is closed at present – can't use – not insured

Can only use full coaches off track

Simon and Charlie have access to private outside space which can be used for training.

They can train 5 athletes each in separate areas with a break before the 2nd group. Tues/Thurs each group to stay the same people so they are limiting contact with different people U15 and upwards.

There are too many in the younger age groups for this to work

All athletes /parents to read guidance risk assessments before commencing training

Phase 2 - when have access to track

Ratio 1:5

Not to use clubhouse /toilets

Minimal equipment use and clean between use

Book in for session, same athletes and coaches to stay together, gap in between sessions

Road running groups

AF & EM - A & B – Not a lot of leaders available for 1:5 ratio? Book in for sessions

Maybe survey to see who wants the group runs? Flexible times

We could link lone runners together for buddy sessions? Set up a page on fb

Lots of virtual runs/activities /routes on Facebook and MH page on strava

DL – C group – 4 leaders able to lead which should be manageable with numbers usually attending.

Operate smaller groups? People stay in the same bubble

1st aid issues – advice is cpr only. Carry ppe and make people aware of 1st aid issues, choose routes where assistance is easily accessible.

? Have 1st come 1st served basis, be flexible and ask runners to be flexible, people often plan to run in the evening but then life gets in the way or think they can't make it but then find they can

KE – D group 3-4 leaders

Leaders have been approached by athletes asking when they will be able to take a group out.

Some d group members not confident to run alone, not on strava – running is more about social aspect and mental health, link people together

Usually large numbers attend, if there were to be 3-4 groups would have to all start in different places – too many on the roads together otherwise

How can we meet the needs of the club safely? Take 1st aid kit/ppe

WB – E group – leaders not ready yet to take the group out – people tend to need alot of ‘hand holding ‘ are new to running

Issues about road running when coming across pedestrians – jumping into the road and also from the pedestrians point of view feeling vulnerable having 6 runners heading for them

Difficult to social distance

E group banter page people use for buddying up to run

NG D group trail – 2 leaders

Runners want to get back out

Have to book in through fb page or email routes posted in advance, start from 2 different locations

Runs on Saturday @9am as normal. May add extra

Carry more 1st aid kit /ppe

Read out expectations at beginning of a session

Start first session this Saturday

TW – Fell-8 leaders

More people wanting to run with fell, make more groups slow /intermediate /fast /walk

Advertise the run, see who wants to come, ask capabilities then organise groups as above

Usually go to locations a distance away but can't carshare atm, problem for people who rely on lifts

Carry ppe

JG has been putting challenges on fb for people to do, can be done alone for people who don't feel comfortable running in groups

Do risk assessments – don't want to have to involve mountain rescue

SUMMARY

Set up buddy system incase not enough leaders

Start in different locations if numerous groups running at the same time

Keep everyone safe

Ppe

Keep to bubbles if possible

Book in advance so it's fairer and people can't just turn up earlier and earlier to get a place

Keep to the usual group times but maybe add extra daytime sessions if and when people available – flexible

List of rules/guidelines communicated to everyone

Advertise runs in different places for all to see

? Start next week

Feedback on leaders page after runs

EB covid coordinator

NG risk assessment generic one for group running

2 - Subscriptions

Juniors and new senior members to renew on EA system

Seniors renewal by existing system this year

Usually renewable 1st April and members have until end of June to renew, this year deadline has been extended until end of August, we will be asking for renewals from 1.7.2020. It will be on the website.

The 20 juniors booked in with Barbara will renew now because of insurance

Fees – Senior £29 this year £14 club, £15 EA (£2 waived from Northern athletics)

£66.50 junior (proposing to pay 75% track fee) track due to reopen 6.7.2020 people may object because not able to use the track.? Negotiate with leisure centre for extended times.

? Ask juniors just to pay £29 for now doesn't include track fee. Can pay track fee at a later date when open. EA system can take 2 separate payments.

Sarah Dilworth to send emails to parents

Club affiliation was paid 1.4.2020 so all insured

EB to do guidelines on how to go forward

Have another discussing when guidelines change

Lynne Graves
Club Secretary

10th June 2020