

The 18th NORTH WEST COUNTIES ROAD RELAYS

(Inc. Cheshire, Greater Manchester, Lancashire and Merseyside Championships).

Under UKA "Rules for Competition". - Licence No. TBC

Being held at Stanley Park Blackpool, West Park Drive, Blackpool, FY3 9HQ

on Saturday, 09th September 2017

10:15	Under 11 Girls & Under 11 Boys	3 x 1.6km	£10 per team
10:45	Under 13 Girls	3 x 3.2km	£10 per team
11:25	Under 13 Boys	3 x 3.2km	£10 per team
12:05	Under 15 Girls	3 x 3.2km	£10 per team
12:05	Under 17 Women	3 x 3.2km	£10 per team
12:45	Under 15 Boys	3 x 3.2km	£10 per team
13:20	Senior Women	3 x 5.2km	£15 per team
13:20	Under 17 Men	3 x 5.2km	£10 per team
14:30	Senior Men	4 x 6.6km	£20 per team

Age Groups as at 31 August 2017. Under 13s must be at least 11 years old on the day. Juniors (U20s) can run in the Senior events.

ALL runners must be first claim members of their club for road running;
CLUB VESTS must be worn.

All athletes must be paid up members of England Athletics

County Qualification: Club athletes can only compete in the County Championship in which they are eligible by birth or residence. Rule 21, S6 UKA Supplement – County, District and Area Qualifications (previously UKA Rule 9)

AWARDS: North West awards to the first eligible team in each event and fastest leg awards in each age category.
Each County will decide on the awards for their respective County Championship.

ENTRIES: Please note carefully

1. **Online Only** via <http://www.race-results.co.uk/results/2017/nwccr17e.php>
2. **Each club is responsible for ensuring all runners used on the day are eligible as described above** and 1st claim for road running on the date of competition and their EA affiliation is paid.
3. Rule 21 S1 UKA Supplement – Eligibility to Compete (previously UKA Rule 1)

Closing date for entries is Sunday 3rd SEPTEMBER 2017

No Late Entries!!

This event is organised by Lancashire County Athletic Association with the co-operation of Blackpool Council.

Please park considerately and be aware of the restrictions on parking on the local roads.